

around town



Saltlik Steakhouse

With enough attention to detail, savvy restaurateurs can make any concept trendy – even the traditional steakhouse. Vancouver's Saltlik takes the old boys' stalwart and makes it a happening first date spot by mixing in a bit of contemporary décor, light (essential in order to avoid recreating the dank and dark steakhouses of yesteryear) and a solid, diverse menu.

1032 Alberni Street, 604.689.9749

accessories



Lolo Jewellery and Accessories

It's called demure couture and it's one of the hottest trends this fall/winter season. What is it? Demure couture is all about using quality pieces that accent your look without taking centre stage. Lorena Ponis of Lolo has a collection of necklaces that will fit the bill better than Cinderella's glass slipper. Check out her luscious, long gold chains with delicate rings of hammered gold, strewn with semi-precious gems. Tip: Chains should be long enough to just graze the waistline.

Available at Jewelliette at 692 Seymour Street, 604.687.5577 or BeautyMark at 1120 Hamilton Street, 604.642.2294



Shi Studio Jewellery

If the rocker vibe strikes a chord with your fashion sensibilities, the leather cuff is a must-have addition to your fall wardrobe. Go to Shi Studio for buttery soft leather cuffs in brown, tan or black. With decorative accents such as Chinese and Indian brocade silk, one of these cuffs can elevate jeans and a tee to an outfit worthy of the newly-chic Avril Lavigne.

Contact Shi Studio at 420-620 View Street in Victoria, 250.995.2714 or visit www.shistudio.com for a complete list of retailers

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beauty



Sweet LeiLani Cosmetics

After the lazy days of summer, this west coast gal isn't too interested in getting back into the full-makeup routine. If you're feeling similarly low-maintenance, but need a little help making your skin look flawless as your summer tan fades, check out The Sweet Leilani line. It offers basic products that go on with a minimum of fuss – I like the Studio Cover Stick Foundation and Liquid to Powder Foundation. Bonus: both products are so gentle they've even been used on burn victims in hospital.

Order online at www.sweetleilani.com



Smell This Aromatherapy

If you're starting to panic now that summer is almost over and it's back-to-school or work, take a deep breath. And while you're at it, you might want to indulge in a little scent therapy from Smell This Aromatherapy. Try the Pull Yourself Together 10 ml roll-on for a blend of stress-reducing essential oils. Smell This makes a full line of skin creams, massage oils and perfumes, all formulated and manufactured by a certified aromatherapist. (Oh, and their Chocolate Mousse body butter... it's got real chocolate chips!)

Order online at www.smellthis.ca or call toll free 1.877.645.2873

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- Luisa Rino